OUR STORY

Upham is a growing collection of pubs with rooms, in the south of England. Each inn celebrates it's own unique character and local community that it serves. We celebrate our idyllic locations and believe we have a responsibility to protect the countryside that surrounds us, for now and future generations.

WECARE

Countrysia

Pub

Our carefully considered offering of ever-growing products with purpose are highlighted within our list with either a bee or tree symbol.

Celebrating our partnerships with like-minded suppliers in support of our vision (with your help) to become more environmentally friendly and carbon neutral in every choice we make.

Each drink highlighted with a tree symbol indicates a 'sustainable story'.

Each drink highlighted with a bee symbol indicates a serve that will contribute to our charitable partnership with the Bee Friendly Trust supporting their mission to create habitats for pollinators to thrive.

Drinks shown within our dotted boxes showcase our non alcoholic serves.

NIBBLES

Mixed Italian Olives	£4.25
Chili puffs / Mixed nuts	£3.50

SOLLS & WIXERS

Kingsdown sparkling pressés Handcrafted soft drinks made from natural spring water and the highest quality fruit juices. Choose from apple or elderflower	£3.90
Fruit juices Apple, cranberry, pineapple, tomato or orange	£3.60
Double Dutch tonics & mixers Indian tonic, skinny tonic, double lemon tonic, cranberry & ginger tonic, cucumber & watermelon, pink grapefruit, ginger beer, or ginger ale	£2.75
Coca Cola Original, diet or zero	from £3.30

BOTTLED BETES & CIDERS

Peroni Gluten Free 330ml Italy (5.1%)	£5.25
Sol 330ml Mexico (4.5%)	£5.15
Old Mout Cider 500ml (4.5%)	£5.85
Camden Hells (4.6%)	
Peroni Nastro Azzuro 300ml (0%)	
Old Mout berries 500ml bottle (0%)	

DRAUGHT BETR & CIDER

Asahi Super Dry Japan (5%)
Peroni Nastro Azzuro Italy (5.1%)
Grolsch Netherlands (4%)
Guinness Dublin (5.1%)
Meantime Anytime IPA (4.7%)
Pilsner Urquell Czech Republic (4.4%)
Cornish Orchard Gold Cornwall (4.5%)

Please ask for today's selection of Cask Marque accredited real ales and draught ciders – these change all the time to keep the freshest and most suitable range available to you! We are proud to be Cask Marque approved through their independent inspections.

APERITIES & SEASONAL SPRITZ

Aperol Spritz Aperol Italian aperitif, prosecco, soda water & an orange slice	£9.95
Beesou Spritz Beesou honey aperitif, prosecco, soda water & pink grapefruit slice	£9.75
$\stackrel{\scriptstyle <}{\scriptstyle \leftarrow}$ 25p from every Beesou Spritz sold will be donated to the Bee friendly Trust	
Spiced Ginger Spritz Makai spiced rum, ginger beer soda water & lime slice	£8.50
Apple-roll spritz (0%) Lyre's Italian spritz, Lyre's classico sparkling wine, apple juice & soda with apple slic	
Strawberry & cherry blossom spritz (0%) Everleaf mountain non alcoholic aperitif, double doutch Indian tonic, with seasonal berries	£7.25

CLASSIC COCKTAILS

Mojito White rum, sugar syrup, lime juice & soda water	£9.95
Pornstar Martini Vodka, passionfruit purée & lemon with a shot of prosecco	£10.50
Old Fashioned Bourbon, Angostura bitters, sugar syrup & water with orange slice	£9.75
Espresso Martini Vodka, Kahlua, vanilla & double espresso	£9.95
Peach or Passionfruit Bellini Peach or passionfruit purée with prosecco	£8.95
Virgin mojito (0%) Apple juice, elderflower & soda	£5.95

OUR SIGNATURE CREATIONS

Beegroni Beesou, Campari, Martini Rosso with a grapefruit peel	£9.25
Botanical Smash Bombay sapphire gin, lemon, St Germain elderflower liqueur, blackcurrant, cranberry & mint	£10.25
Cherry bakewell sour (0%) Lyre's Amaretti, cranberry & cherry purée	£7.95

SPARKLING & CHAMPAGNE	125ml / bottle
Moët Imperial Moët and Chandon, France (12%) A succulent mouthful of pear, peach & a hint of melon preceded by a delightful waft of brioche and citrus fruits	£14.50 / £75.00
Moët Rosé Imperial Moët and Chandon, France (12%) Harmonious flavours of wild strawberry, raspberry & cherry with a refreshing stone & citrus fruit finish	£92.00
Veuve Clicquot Vintage France (12%) Delightful, biscuity vintage Champagne, the bakery scents freshened	
Prosecco Brut Argeo Ruggeri, Italy (11%) Delicate, zesty Prosecco exuding aromas green apples, lemon peel & g	
Prosecco Rose Ruggeri, Italy (11.5%) Crisp sparkling rosé, fizzing with cranberries & red fruit, with a light, yeasty aroma of biscuit	£8.45 / £40.00
Classic Reserve Hattingley Valley, Great Britain (12%) Elegant English sparkling wine with a delicate perfume of hedgerow flowers, a flavour of green apples & a fine, rich tastiness on the finish	£11.50 / £59.00
Eins Zwei Zero sparkling rosé (0%)	£6.75 / £32.00

Chardonnay Les Mougeottes, France (13.5%) Vibrant lemon & vanilla on the nose with a round, fruity body	£6.95 / £26.00
Gavi di Gavi DOCG Fontanafredda, Italy (12.5%) Delicate, elegant, fresh & fruity with a hint of green apples, pears & melon with a long lasting finish	£45.00
Hills and Valleys Riesling Pikes, Australia (10%) Attractive and inviting aromas of stonefruit and sweet limes are domina with floral notes of honeysuckle and lavender	

Verdejo "Embrujo" Bodegas Verum, Spain (12.5%)	00 / £23/00
Sauvignon Blanc, Petal & Stem Yealands, New Zealand (13%)	.95 / £34.00
Petit Chenin Blanc Ken Forrester, South Africa (13%) Fresh white from one of South Africa's most respected producers, fragrant with quince & pear drop, while green apple & grapefruit zap the tong	
Albarino Martin Codax, Spain (12%) Textbook Albarino - vivid straw-yellow green colour with a touch of ripe lemo	
Pouilly-Fumé Chateau Favray, France (12.5%) Clean, crisp Sauvignon Blanc from the grape's home, this is scented with fresh grass, limestone and citrus	£52.00

AROMATIC WHITES

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WHITE	175ml / bottle
Blanc de Blanc Le Rouleur, France (11.5%) Vibrant wine with fresh citrus & floral aromas	£5.75 / £22.00
Pinot Grigio Arcole Love Story, Italy (12.%) A crisp, clean Pinot Grigio with white flowers & pears on the palate	£7.75 / £28.00
Vinho Verde Quinta da Lixa, Portugal (10.5%) Fruity & floral with aromatic green apple, melon & white peach	£23.00
Chablis Joseph Drouhin, France (12.5%) Classic chardonnay with flavours of lemon zest, grapefruit & pear with a touch of herbaceous notes on the nose	£56.00
Picpoul de Pinet Reserve de la Roquemoliere, France (12.5%)	£8.75 / £32.00

Soft, floral white, dry and delicate, exuding acacia, hawthorn blossom and citronella

ROU	175ml / bottle
Pretty Gorgeous Rosé France (13%) Fruity with some tropical hints and a slightly off dry style	£6.00/ £23.00
Petit Rosé Ken Forrester, South Africa (12.5%) Fruit-forward rose with flavours of cherries, ripe raspberries & vibrant citrus notes	£9.00 / £35.00
Azure Provence Rosé France (13%) A quintessential, dry & elegant pale peach Provence rosé	£11.00 / £39.50
Palooza Languedoc-Roussilion France (13%) Deliciously light & refreshing, very pale & dry	£8.95 / £34.00

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RED	175ml / bottle
Carignan Le Rouleur, France (12%) Full-bodied & fruity, packed with red berry aromas & hint of nutmeg	£5.75 / £22.00
Tempranillo "Embrujo" Bodegas, Spain (12.5%) Expressive Spanish red with black fruit & spice	£6.00 / £23.00
Pinot Noir Les Mougeottes, France (13%) Clean & precise bouquet with black cherries & raspberry aromas. Medium-bodied with red berry fruits	£6.95 / £26.00
Douro, Portugal (13.5%) Dark & richly aromatic, with heady flavours of ripe red berries, violet & s	
Mountain Red, Thelema, South Africa (14.5%) Spicy aromas of black pepper & mulberry mingle with approachable plum flavours	£35.00
Rioja Reserva Ramón Bilbao, Spain (14%) Sumptuous & classic, with lush blackberry fruit & chocolatey richness	£11.95 / £44.00
Merlot Reserva Vina Leyda, Chile (13%) Sweet aromas of plums, cherries, and spices followed by dark chocolate and tobacco notes	£8.75 / £32.00
Estate Carménère De Martino, Chile (13.5%) Fruity and intense with notes of fresh ripe blackberries, pepper and spie	

RED

Don David Malbec El Esteco, Argentina (14%) Rich and filled with berries, plum jam & chocolate notes with elegant scent of violets, vanilla & smoke on the nose	.£8.75 / £30.95
Coonawarra Shiraz Wynns, Australia (14.5%) Elegant and silky, with generous mulberry and blackberry notes. Delicate oak is used to match	£34.00
Nero d' Avola sicily, Italy (13.5%) Aromas of ripe plum, cocoa & wild strawberries with an appealing smoothr	
Bonterra Cabernet Sauvignon, California (13.5%) Organically produced with flavours of bright cherry & raspberry with notes of toasted oak & vanilla	£45.00

175ml / bottle

125ml / bottle

DESSERT WINE

Sauternes "Les Garonelles" Lucien Lurton, France (14%) Expressive nose with aromas of apricot, super-ripe pineapple & crème brulée,with an elegant and well-balanced long, sweet finish	£10.95 / £32.95
Yealands Estate Reserve Noble Riesling (9.5%) Headily aromatic with spiced apple crumble & honeysuckle	£11.95 / £38.50
Pauillac La Fleur de Haut-Bages Liberal, France (13.5%) Complex perfume in this wine: a blend of cedar and liquorice,	£79.95

followed by a mouthful of ripe red fruit

WORLD WHISKE BS

HIGHLIGHTS FROM OUR RANGE

Glenfiddich 12 year old Scotch

Meaning valley of the dear in Scottish Gaelic, with a lower abv than the increasingly popular cask strength Scotches – it's the one to drink when you're drinking more than one

Jameson Irish Whiskey

Distilled three times in copper stills for smoothness – not because they have to but because they want to. Good things come in threes according to Jamo'.

Talisker Scotch Whisky

The Isle of Sye's only single malt, and one that is loved all over the world for its maritime character

BOURBONS & TENESSEE WHISKESSS

HIGHLIGHTS FROM OUR RANGE

Woodford Reserve

The worlds most 'flavourful bourbon' with more than 200 delectable flavours (we won't list them all) but can tell you it is super smooth

Jack Daniel's Old No 7

Charcoal mellowed drop by drop

Maker's Mark

Made from soft winter wheat (instead of the usual rye) for full flavoured bourbon

Having received B-corp status for championing social & environmental initiatives across the company and industry, Maker's Mark promotes a mission 'make your mark' - 'Leave no trace'

TEQUILA

HIGHLIGHTS FROM OUR RANGE

El Tequileno Reposada

Three generations after it's foundation, with history, heritage and passion in every drop the family's legacy continues to influence the production of the finest quality sustainable tequilas

98% of El Tequileno's production residuals are converted into organic compost which is then used to fertilize their next generation of Agave

El Rayo No1 Plata

A modern tequila created to mix with tonic water. Move over G&T the T&T has arrived

VODKA

HIGHLIGHTS FROM OUR RANGE

Grey Goose

There for all of life's best moments with an opulent reputation – distilled in Picardy France with only the finest French ingredients

Finlandia

The vodka for vodka lovers, created from golden Finish barley that is softened by the harsh Scandi winters

Mermaid Salt

Created with a pinch of locally sourced sea salt, like the gentle kiss of a mermaid. Distinctive & unique Mermaid salt vodka is a mixologist favourite adding a hint of sea air to their creations

Certified as net zero through off setting their carbon emissions through their work with projects such as the Ocean foundation which is an extensive sea grass growing initiative

GIN

HIGHLIGHTS FROM OUR RANGE

Bombay Sapphire

Distilled at Laverstoke Mill in Hampshire. Bombay first burst onto the scene in the late 80's. By focusing on the botanicals paved the way for a lot of the craft gins we know today

Hendrick's

A triumph of the unusual – curious, yet marvellous the infusions of rose & cucumber create the uniquely balanced flavour elevating any cocktail & all occasions

JJ Whitely Pink Gin

Produce with the freshest & juiciest summer berries by the Whitely family – who's love of berry picking together inspired this pink perfection

Bloom London Dry

Nothing fake, just natural style & substance. Created by master distiller Joanne Moore who has won more awards for gin distilling than anyone else on the planet

Bloom Jasmin & Rose

Sugar free premium pink gin, bursting with exquisite floral flavours

Tanqueray

Nearly 200 years ago, Tanqueray was one of the earliest innovators in gin history – thanks to Charles Tanqueray, who founded it in the late 1830's. Today it's hard to find a back bar without the familiar green bottle modelled on a cocktail shaker

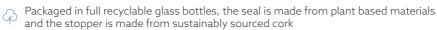
Whitley Neil rhubarb & ginger or Sicilian blood orange

From the warming flavours of a rhubarb & ginger crumble to the taste of the Mediterranean sunshine

Mermaid

Inspired by its lead botanical rock samphire, known locally as mermaids kiss this hand crafted gin is made from 10 ethically sourced botanicals designed to free your spirit

Mermaid pink strawberry or zest from fresh sun-kissed strawberries to coastal rosemary & zesty citrus



RUM

HIGHLIGHTS FROM OUR RANGE

Mount Gay

Originally owned by John Sober, who inherited a small distillery at the top of Mount Gilboa in Barbados in 1703

Makkai spiced rum

Inspired by the spirit of Polynesia blended with rich spices where modern meets tradition and ocean meets jungle

Havana Club 3 year old

No stranger to awards this Cuban classic was the first Havana club intended for sipping neat

AFTER DINNER SIPS

Amaretto sweet Italian liqueur Courvoisier Cognac Cockburn's Fine Ruby 20 year old tawny port LBV Port, Quinta do Crasto, Bella Luna, Portual Janneau VS Grand Armagnac Calvados Boullard

HOT DRINKS

£3.20
£3.50
£2.50
£2.95
£3.50



Flat white	£3.50
Macchiato	£3.50
Tea	£2.60
Specialist tea	£2.95
Mocha	£3.50
Hot chocolate	£3.50

Proudly served with Moon Roast small batch coffee, roasted in the heart of rural Hampshire.

SCAN FOR ALLERGENS

Our food and drink is prepared in food areas where cross contamination may occur and our menu descriptions are not guaranteed to include all ingredients. If you have any questions, allergies, or intolerances please let us know before ordering. Substitutions are available to support dietary needs.

